



- A: Height and Weight
- B: Chest at Widest (measure around chest with arms down)
- C: Waist
- D: Hips (at widest point)
- E: Inseam (crotch seam to ankle bone)
- F: Shoulder to Wrist (arms straight out in front of you)

To use the chart below, pick the suit that corresponds to your largest measurement.
For Example: If you are 5'8" and 163 lbs you would need to choose the Medium/Large suit.

SIZE (US)	EURO	HEIGHT	WEIGHT	CHEST	WAIST	HIPS	INSEAM	SLEEVE
7XS	20	3'7"-4'1"	45-60	28	27	27	20	17
6XS	24	4'1"-4'3"	60-75	31	28	29	22	17
5XS	28	4'4"-4'6"	75-85	32	28	29	23	18
4XS	32	4'7"-5'0"	85-95	33	30	31	25	19
3XS	36	5'1"-5'3"	95-105	53	31	31	26	20
2XS	40	5'3"-5'4"	105-115	37	33	33	27	20
XS	44	5'4"-5'5"	115-125	39	35	36	28	21
S	48	5'5"-5'7"	125-140	41	36	38	29	22
M	52	5'7"-5'10"	140-150	45	39	39	29	22
M/L	54	5'10"-6'0"	150-165	46	40	41	30	22
L	56	5'10"-6'0"	160-180	46	41	42	30	22
L/XL	58	5'11"-6'1"	175-190	47	42	43	32	23
XL	60	6'2"-6'4"	185-205	47	42	43	32	23
2XS	64	6'4"-6'6"	215-235	48	43	44	34	24
3XS	68	6'6"-6'8"	250-275	49	43	45	35	25